

# HABC Level 3 Award in First Aid | Refresher

## Course Introduction

First Aid at Work is a qualification designed to help organisations meet the minimum requirements for First Aiders in accordance with Health & Safety First Aid at Work Regulations (1981). Students will gain the knowledge and skills to effectively perform a wide variety of First Aid procedures in the workplace and deal with almost any emergency effectively until the arrival of professional help.

## Course Pre-Requisites

Level 3 Award in First Aid at Work (students must hold an in-date certificate)

## Course Topics

- Dealing with an Emergency
- Infection Control
- Primary & Secondary Surveys
- Unconsciousness
- CPR
- Choking Procedures
- Shock
- Anaphylaxis
- Wound/Bleed Management (includes Catastrophic Bleeds)
- Burns Management
- Strokes
- Asthma & Hyperventilation
- Heart Attacks & Angina
- Sprains & Strains
- Diabetes Management
- Seizures & Epilepsy
- Fractures & Dislocations
- Head Injuries
- Crush Injuries
- Chest Trauma
- Amputation Injuries
- The Importance of Accident Reports & RIDDOR Form
- Safe Use of an AED

## **Course Benefits**

Any company regardless of size and risk should have at least one First Aider. Anybody delegated the responsibility of being a First Aider must hold a current "FAW" certificate as a minimum requirement.

The awarding body Highfield issue all certificates via PDF format. This will be emailed to the course booking contact on successful completion of the course, once recieved from Highfield.

## **Assessment Method**

Written and Practical Assessments

## **Qualification Expiry**

3 Years