

# Manual Handling & Safe People Moving

## Course Introduction

This one day course will cover all the necessary practical skills and theoretical knowledge to help ensure that the students perform their duties effectively and with great care. There are no prerequisites to enrol on this course, but please be aware that there are several physical tasks that will take place throughout the course. A pre-course questionnaire will be handed to all students.

## Course Topics

- What is Manual Handling
- Consequences of poor Manual Handling
- Key Legislation
- Anatomy of the Back
- Manual Handling Risk Assessment
- Principles of safer handling
- Unsafe patient handling
- Available aids
- Pressure sores & skin tears

## Course Benefits

The Manual Handling of People is an important task in any care related business. If done incorrectly, service users and staff are at a high risk of injury or even death. For this reason, moving and positioning of people training is a high priority for managers and external regulators.

## Assessment Method

- Multiple choice
- Practical assessment by tutor

## Qualification Expiry

3 Years